Basic Couples Training - Online 2021

All sessions will be co-led by Cathy Curtis, MSW, LCSW and Judi Zoldan, LICSW

Location: online video call sessions via Zoom
Schedule: August 13-15, September 24-26, November 12-14 & December 10-12, 2021
9:00 am - 5:00 pm daily, Pacific time
(Two 15 min breaks and 1.5 hrs for lunch)

Total Cost: $2600
Continuing education available: 72.00 contact hrs

IFIO Founder/Director
Toni Herbine-Blank
MS, RN
To confirm your spot, fill out the online application and pay the $300.00 nonrefundable deposit.

Register online at www.toniherbineblank.com

For more information, special requests (per ADA), or availability of scholarships contact Kristi Good at intimacyinsideout@gmail.com or Toni at toni@toniherbineblank.com

Payment Schedule
$300 due upon registration
$1150 due by Feb. 13, 2021
$1150 due by May 13, 2021

Cancellation Policy
All payments, including the deposit, are strictly nonrefundable once the due dates above have passed.

Intimacy from the Inside Out is a level two offering from The IFS Institute

Course Prerequisite: This course is open to Internal Family Systems Level I graduates and offers 72.00 continuing education contact hours, delivered in four, separate and distinct sessions of 18.00 hours.

Course Description: The basic couples course is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, but includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

Instructional Methodology: Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

Staff Bios
Cathy Curtis, MSW, LCSW, has over 30-years clinical experience in social work. She maintains a private practice in Santa Cruz, CA, and serves as Program Assistant for the Center for Self Leadership, providing training for Internal Family System courses, and supervising trainees. She received her MSW degree from Boston University School of Social Work, and holds licensure in California as a licensed clinical social worker.

Judi Zoldan, MSW, LICSW, maintains a private practice in clinical social work in Massachusetts. She served as an associate faculty in the Dept. Psychiatry at Harvard Medical School and as a clinical social worker in adolescent services at Cambridge Hospital. She is a certified Internal Family Systems Therapist. She earned her MSW degree from Simmons College School of Social Work, and is a licensed independent clinical social worker in Massachusetts.
Important information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is $60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation. New York: The Institute for Continuing Education is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Social Work: This program has been approved for 72.00 social work continuing education hours for re-licensure, in accordance with 258 CMR, NASW-MA Chapter CE approving program. Authorization 81576. New York: The Institute for Continuing Education is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025. New Jersey: CE credit is not offered for social workers licensed by the New Jersey State Board of Social Work Examiners.

Marriage-Family Therapy: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 72.00 hours of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences. New York: The Institute for Continuing Education is recognized by the New York State Education Department’s State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

NOTE: To receive continuing education credit, applicants must complete all CE materials within 30 days of concluding the workshop.

NOTE: It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.