



2022 Sabbath sensitive Online Basic IFIO Training (IFS #806)



Lead Trainers block 1 and 2: Judi Zoldan, MSW, LCSW and John Palmer, LCSW
Lead Trainer Block 3 and 4: Toni Herbine-Blank MSN, RN

Location: online video call sessions via Zoom

Schedule: 10am - 6:00 pm daily, Mountain Time

(Two 15 min breaks and 1.5 hr. for lunch)

Dates: 2022: Feb 27-Mar 1, Mar 27-29, April 24-26, June 12-14

Total Cost: \$2850

Continuing education available: 72.00 contact hrs

Scholarships: BIPOC therapists or those working in marginalized communities

**To confirm your spot,
fill out the online application and pay the
\$300.00 non-refundable deposit.**

Register online at www.toniherbineblank.com

**For more information, special requests (per
ADA), or availability of scholarships contact
Keri Kelly at intimacyinsideout@gmail.com
or Toni at toni@toniherbineblank.com**

Payment Schedule

**\$non refundable \$300 due
upon registration
\$1275 due Aug 20 2021
\$1275 due by, Nov 20 2021**

Cancellation Policy

**All payments, including the
deposit, are strictly
nonrefundable once the due
dates above have passed.**

Intimacy from the Inside Out is a level two offering from The IFS Institute

Course Prerequisite: This course is open to Internal Family Systems Level I graduates and offers 72.00 continuing education contact hours, delivered in four, separate and distinct sessions of 18.00 hours.

Course Description: The basic couples course is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, but includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

Instructional Methodology: Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

Staff Bios

Judi Zoldan MSW, LCSW, maintains a private practice in clinical social work, is a certified IFS therapist in Boston, Ma. and has been a trainer for IFIO for the past 5 years. She is passionate helping people with their most important relationships.

John Palmer LCSW, has over 25 years experience working with couples and individuals. Certified in Internal Family Systems Therapy, he began his career with Intimacy from the Inside out in 2012. He is passionate about helping clinicians deepen their IFS/IFIO skills. He maintains a private practice in Austin, Texas.

Important information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, M.S., RN, CS-P., and *The Institute for Continuing Education*. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required for the sessions attended. Partial session credit is not offered.

The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of each session of the training.

If you have questions regarding the training, continuing education, learning objectives, agenda, faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

Counseling: For counselors seeking credit, The Institute for Continuing Education will submit a co-sponsorship application to NBCC for this program. This website will be updated regarding approval.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Social Work: This program has been approved for 72.00 social work continuing education hours for re-licensure in accordance with 258 CMR, NASW-MA Chapter CE Approving Program. Authorizations: D-81350-1 / D-81350-2.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

Marriage/Family Therapy: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 72.00 hours of continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

Canadian Professionals: The Institute for Continuing Education holds no CE provider status with any Canadian or non-U.S. licensing/certification boards. It is your responsibility to check the regulations of your licensing/certification board to determine CE requirements for training activities.

Instructional Methodology: Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

NOTE: To receive continuing education credit, applicants must complete all CE materials within 30 days of concluding the workshop. It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.